

Postoperative instructions for patients and their escorts
following sedation with Midazolam

To increase your chances of an uneventful recovery, please follow these simple instructions. The person who has assumed responsibility for your care during your recovery (the escort) should help you follow the recommendations.

You are likely to be drowsy, forgetful, unsteady and perhaps a bit sleepy.

After being discharged, go home and rest for the rest of the day!!! Sleep, read, watch TV and stay away from physical activities.

Arrange for transportation by car or taxi together with the escort.

Do not perform any activity which may put you or those around you at risk. (Ironing, cooking, using appliances like electric saws, lawn mowers, etc)

Do not drive, do not operate heavy machinery and do not sign any legal documents for at least 24 hours.

Take any prescribed medications as instructed.

You may drink any non-alcoholic drinks and you may eat preferably starting with a lighter meal in the beginning.

Do not drink alcohol for the next 24 hours.

If you have any queries, or if you have any problems please contact us on 01473 257379 Mo-Fri 9-5.

For out of hours emergencies please call the practice and you will be given a contact number for the emergency dentist.

Complying with these instructions should lead to a pleasant and uneventful recovery from your treatment under sedation.

